

HEALTH, PHYSICAL EDUCATION (KINESIOLOGY) AND RECREATION

The Health and Physical Education (Kinesiology) degree Teaching/Coaching K-12 option.

The Department of Health, Physical Education (Kinesiology) and Recreation major function is to serve in the professional preparation of licensed teachers and coaches for elementary, middle and secondary schools. The completion of this program will lead to a Bachelors of Science degree in Health & Physical Education (Kinesiology) with an emphasis in Teacher Education.

The degree requirement for the Physical Education, Wellness, and Leisure, K-12 licensees, have been approved by the State of Arkansas Department of Education and accredited by the Council for the Accreditation of Educator Preparation (caepnet.org)



Kinesiology Instruction by Dr. William Torrence

HEALTH, PHYSICAL EDUCATION (KINESIOLOGY) AND RECREATION

The Health and Physical Education (Kinesiology) degree Recreation/Wellness option.

The Department of Health, Physical Education (Kinesiology) and Recreation offers an option in Recreation and Wellness. The profession of Recreation and Wellness will have careers and offer valuable contribution in the area of physical education, physical activity, fitness, exercise, parks and community recreation, athletics administration, and sport management within the community setting.



Physical Fitness/Aerobics for Majors Instruction by Ms. Betty Hayes-Anthony

CPR Training



CPR Training



Sit and Reach Fitness Testing



Structural Kinesiology Instruction

